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Good Afternoon Manordale Families,

Welcome, Manordale families, to another exciting edition of our school newsletter! What a truly fabulous week we've just experienced, filled with incredible spirit and dedication from our Manordale Wolves. It was inspiring to see so many students embodying our core school values, demonstrating respect and truly being the "I" in kind in their interactions. These are the moments that truly highlight our commitment to fostering responsible and engaged citizens, aligning perfectly with the OCDSB exit outcome of developing students who are contributing members of a diverse and inclusive society.

As we look ahead, we want to draw your attention to an important upcoming event: **Rowan's Law Day on September 24th**. This day is dedicated to raising awareness about concussion safety in sports and daily life, a crucial initiative to protect our students' well-being. We invite all students to show their support and help us raise awareness by **wearing purple** on September 24th. Let's stand together as a community to prioritize safety and ensure all our Wolves can thrive in a safe and secure environment.

Thank you for your continued partnership in your child's education. We look forward to another great week of learning and growing with our Manordale Wolf Pack!

Sincerely,

Lisa Langill and Christol Barrett- Proud Administration Team @ Manordale PS

### **Gold Dustpan Award!**



Congratulations to R34, the lucky winner of this week's **Gold Dustpan Award**! Every week, our amazing afternoon and evening custodian, Ms. Nikki, carefully observes all the classrooms to decide who has kept their space the cleanest. As a special surprise, she leaves the Golden Dustpan in the winning classroom overnight on Thursday, so the students discover it as soon as they arrive on Friday morning!

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### **Wolf Soccer this week:**

Thank you to everyone who came out for soccer tryouts! We are so proud of all our wolves for their effort and sportsmanship. This year, Ms. Rachel is coaching our soccer teams. She has had a tough time making her decisions for both the boys' and girls' teams because so many students showed off their amazing skills- our wolves have talent! The soccer tournament is October 9- please watch for Field Trip forms. Parent drivers will be required- please ensure to have a volunteer form approved!



### **Cross Country Running:**

On October 7th, our Manordale Wolves in grades 2 through 6 will participate in the annual cross-country running meet! We extend a huge thank you to Ms. Chapman and Mme. Perrin for their dedication and hard work in organizing this event and supporting our amazing running team. We can't wait to cheer on our young athletes as they showcase their perseverance and sportsmanship. Good luck to all the runners!

### **Hot Breakfast:**

Manordale is pleased to announce our new Hot Breakfast Program, now open in the library from 8:20 a.m. to 8:35 a.m. each Friday at the end of the month. Our goal is to ensure every student starts their day with the fuel they need to be productive and focused learners. This program is available to any student who would like to access it.

Every Friday, except the end of the month, a cold breakfast will be served in the library 8:20-8:35. Students attending the program should follow normal arrival procedures and inform the staff outside on duty that they are heading to breakfast. The staff will then open the doors to allow entry. A huge thank you goes out to Ms. Erin for volunteering every Friday and to Ms. Hollie for her incredible dedication and hard work in preparing for this program.



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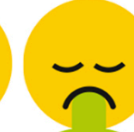
## Rowan's Law: Concussion Protocol [Great Resource to Learn More!- LINK](#)

Rowan's Law is a provincial law in Ontario named in memory of Rowan Stringer, an OCDSB high school rugby player who died from second impact syndrome after suffering multiple concussions. The law mandates that all school boards and sports organizations implement a concussion management protocol to protect athletes and students. Key requirements include:

- Concussion Awareness: Athletes, parents, coaches, and officials must review concussion awareness resources annually.
- Concussion Code of Conduct: A set of rules must be established to promote safe play and concussion prevention.
- Removal-from-Sport and Return-to-Sport Protocols: Strict procedures for immediately removing an individual from play if a concussion is suspected and a gradual, supervised return to activity after medical clearance.



The Ottawa-Carleton District School Board (OCDSB) has a detailed concussion protocol that aligns with Rowan's Law. If a student shows signs or symptoms of a concussion at school, they will be immediately removed from physical activity. The school will contact parents/guardians to pick up the student and will send home the OCDSB 908 Concussion Medical Assessment Form. This form must be completed by a medical doctor or nurse practitioner. **As well, a return to school plan will be put in place between Manordale Administration and the injured student and their family to ensure safety is a priority.**

SIGNS OF A CONCUSSION			SYMPTOMS OF A CONCUSSION		
					
Loss of consciousness	Disorientation	Incoherent speech	Headache or dizziness	Difficulty concentrating	Sensitivity to light
					
Confusion	Memory loss	Dazed or vacant stare	Ringing in the ears	Fatigue	Vomiting

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## Bus E23 and E76

Ensuring the safety of our students is always our top priority, and that includes their journey to and from school. This week, Principal Langill met with students from both Bus E23 and Bus E76 to review our expectations for appropriate bus behavior. During the meeting, we discussed the importance of safety and respect for everyone on board. As a result, students have been assigned seats with all of our youngest Wolves (Kinders) seated at the front of the bus.

We specifically addressed the concerns about noise levels on Bus E76, reminding students that a quiet and calm environment is essential for the bus driver's concentration and for the safety of all passengers. To help reinforce these expectations, Principal Langill will be riding the bus with students this week.

We believe that a safe and positive bus ride is a shared responsibility. We want all our Wolves to understand these expectations, and any student who is unable to follow the rules will be removed from the bus for a period of time to support their learning and to ensure the safety of everyone. Thank you for your support in reinforcing these important safety messages at home.



## September 29 PD DAY! No School

A reminder there is no school September 29 as it is a PD day. All staff will be at school taking part in professional development:

AM / PM	<b>Topic 1: Literacy &amp; Numeracy</b> <b>Entity Hosting: School board</b> <b>Presenters/Facilitators: School administrators</b>
	<ul style="list-style-type: none"> <li><b>Audience:</b> All educators kindergarten to grade 12.</li> <li><b>Elementary &amp; Secondary Learning Objectives:</b> This professional development is designed to help educators understand their students' unique strengths, stories, and needs. These insights are then applied to specific instructional areas in literacy and/or math, with the goal of strengthening foundational skills and improving student achievement.</li> </ul>
PM	<b>Topic 2: Student Well-Being &amp; Safety</b> <b>Entity Hosting: School board</b> <b>Presenters/Facilitators: School administrators</b>
	<ul style="list-style-type: none"> <li><b>Elementary and Secondary Learning Objectives Include:</b> <ul style="list-style-type: none"> <li>PPM 161- Supporting Students with Prevalent Medical Conditions</li> <li>OHS Violence in the Workplace</li> <li>AI &amp; Cybersecurity</li> </ul> </li> </ul>



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### **Roots of Empathy coming to Manordale! A baby wolf.... Oh my!**

This fall, our Grade R3/4 class will be part of the **Roots of Empathy** program, an initiative designed to build empathy in young people. The program centers around a baby and their parent who visit the classroom throughout the school year. Our students will observe the baby's growth and development, asking questions and learning about the baby's feelings- connection to zones of regulation! Through these interactions, students will begin to identify and understand emotions in others, as well as in themselves. We are excited to guide our R3/4 class on this journey to become more compassionate and caring individuals.



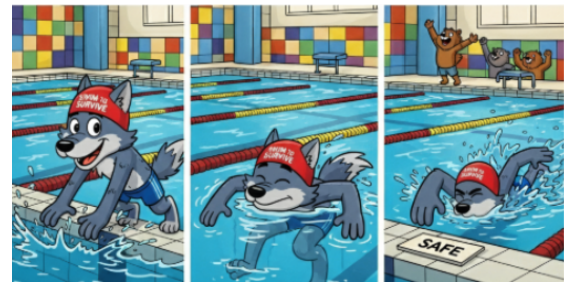
### **Youth Theatre Canada- September 24 Auditions @ Manordale [LINK](#)**



Auditions for the upcoming Robin Hood YTC play will be held today at our school for interested students in Gr 5-6. Permission forms required. This is not a play at Manordale, but a play being put on by the Youth Theatre Canada. We are providing this opportunity to increase the Arts and Theatre experiences for students and although this is not for a Manordale Play, we are planning on holding a play if enough interested students- more information or follow shortly!

### **Grade 3 Swim to Survive- Coming 2026! [LINK](#)**

Manordale is thrilled to announce that our Grade 3 students will be participating in the **Swim to Survive** program throughout April, May, and June 2026. Swim to Survive is a Lifesaving Society program that teaches the essential skills needed to survive an unexpected fall into deep water. This free hands-on program will empower our students with the confidence and knowledge to handle a water emergency, making them more "water smart." 💧



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## October 9- Meet the Educator

We're excited to invite you to our Meet the Educator Night on October 9 from 4:00 PM to 6:00 PM. This is a fantastic opportunity to connect with your child's educators and learn more about our school community. From 4:00 PM to 5:20 PM, you are invited to visit classrooms and speak with staff. At 5:20 PM, we ask all families to join us in the gym for a brief presentation on "Everything Manordale." The evening will conclude at 6:00 PM.

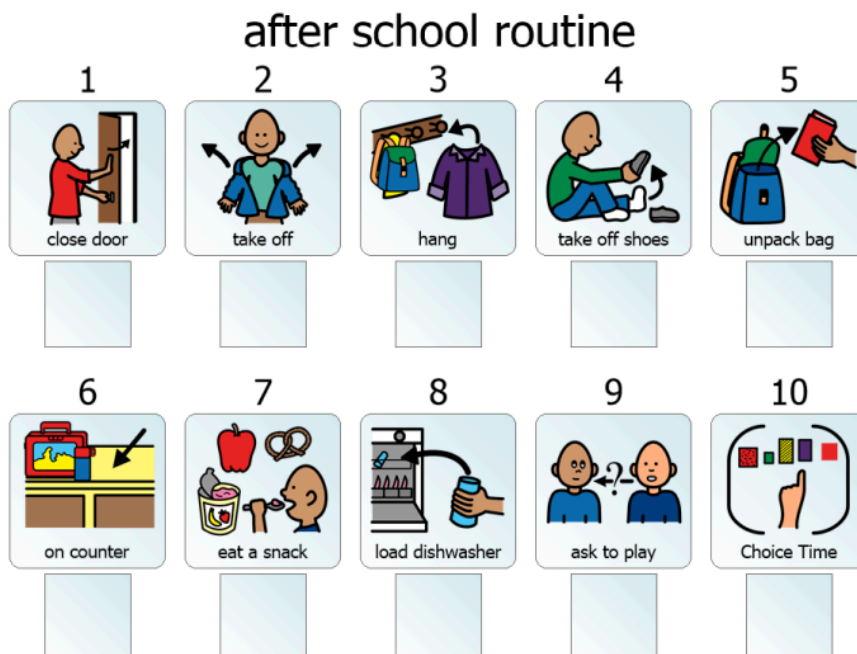


In addition to meeting our school staff, several community organizations will have tables set up to share information about the programs and resources available right here in the Manordale community. Our Multicultural Liaison Officer (MLO), Wejdan Osman, will also be there to meet with families. We can't wait to see you at this very special event.

## Terry Fox Run Event- October 10

This year, the Terry Fox Run will take place on October 10 9:30 a.m. to 10:30 a.m., organized by Ms. McCauley. Our school's participation is a powerful way for our students to show their commitment to helping others and understanding Terry Fox's incredible legacy. Every dollar raised goes directly towards cancer research, bringing us one step closer to a cure. Let's show our Manordale wolf pack spirit and run with purpose, just like Terry! More information on donations to be shared shortly.

## Inclusionary Hub!- Visuals for After School Routine



This visual board is a wonderful tool for children who communicate with pictures. It can help guide them through the steps of their after-school routine at home.

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### **Reminder: School Council is October 20**

Manordale Family School Council will meet virtually and in person on October 20. In person, cupcakes will be available! Please join us and be a voice for our amazing students, supporting potential initiatives such as fun events, guest speakers, field trips and in-school assemblies. All of these bring life to our vibrant school community and support student learning and well-being. Hope to see you virtually or in person October 20! We are still in need of a secretary on council, so if interested, please contact me at [lisa.langill@ocdsb.ca](mailto:lisa.langill@ocdsb.ca).

### **Community News to Share**

**Scouts Canada:** Manordale family and friends! Registration for Scouts is open for 2026. Register now and you are free to join us for our fall program. Our group (8th Nepean) meets in the Nepean area - at St. John the Apostle and surrounding parks and hiking trails. Come join us for some fun-filled evenings learning about the outdoors or hiking through Beaver Trail. In particular we have lots of space for Beavers (SK - Gr 2). Boys and girls are welcome! Look for the 8th Nepean Scout group to sign up on [MyScouts.ca](https://www.myscouts.ca).



**Wize Academy at Manordale!** [Register here](#) for an After-School coding and robotics program by WIZE Academy! The program runs from September 23 to December 9, 2025, every Tuesday from 3:15 PM to 4:15 PM. Secure your spot today! For inquiries, please call 613-415-8844.



**Student Accident Insurance:** Creating a caring and safe environment for our students is our top priority. Unfortunately, despite all reasonable precautions being taken, accidents can still happen. The OCDSB does not provide student accident insurance and encourages all caregivers to consider purchasing accident insurance or student accident insurance for incidents that may not be covered by the Ontario Health Insurance Plan (OHIP) or any additional medical plans they have.



Student accident insurance is available for purchase, on a voluntary basis. Caregivers may apply online at [insuremykids.com](https://insuremykids.com) or call 1-800-463-5437. The accident insurance coverage options range from \$17.00/year to \$33.00/year. All plans provide 24/7 coverage and a variety of important accident benefits (benefit limits differ based on plan selected). If you have any questions, please call **Jones DesLauriers Ottawa (formerly Binks Insurance Brokers)** directly at 613-226-1350.